

PROTOTYPE SUMMARY

Innovation Lab Living healthy and independent lives in our local communities

Date	Venue
12th May 2017	Fred Perry, Stockport

Name of solution	
Moving & Minds	

Technologist's name

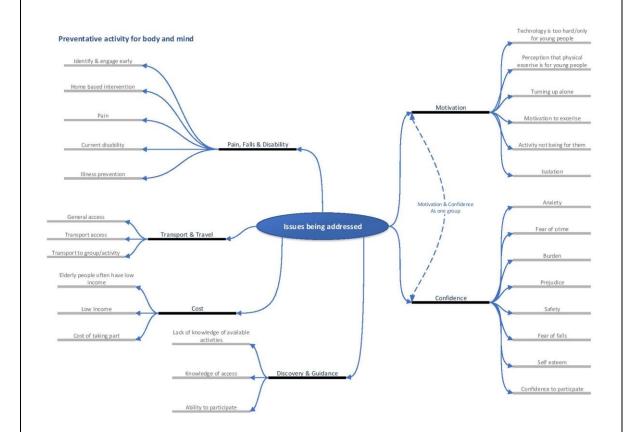
Josh Hiles

Description of the solution

include group discussions, conclusions, URLs, links to GitHub etc.

We discussed the main issue of Preventative Activity for Body and Mind and identified one of the main reasons for older people not to take part is confidence and motivation.

The proposed solution developed from a few main groups of issues



With the idea being a website or app which lists groups / activites for older people and carers with a testimonial system to encourage and motivate people to attend the



activities based on a small social system for both carers and older people to which they can see their friends and what they are up to.

There was a strong influence to encourage the website or app to be community led by volunteers who would place their activities and groups on the site and keep them up to date as well as some integration into systems like Stockport Metropolitan Borough Council Group data that lists groups and activities in Stockport.

Rapid Prototype Concept:

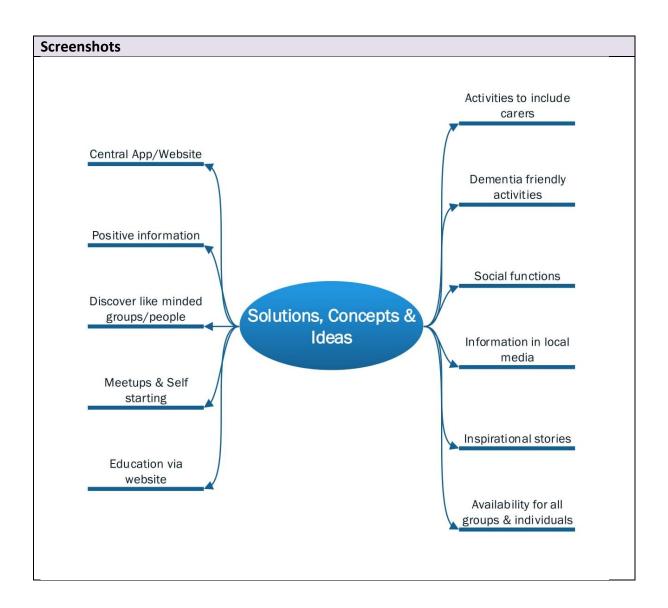
The repository for the project can be found here https://github.com/Jjh01404/InnovationLab

The site offers a Near Me section which finds local activities in a radius around a location with the ability to navigate and view the sessions.

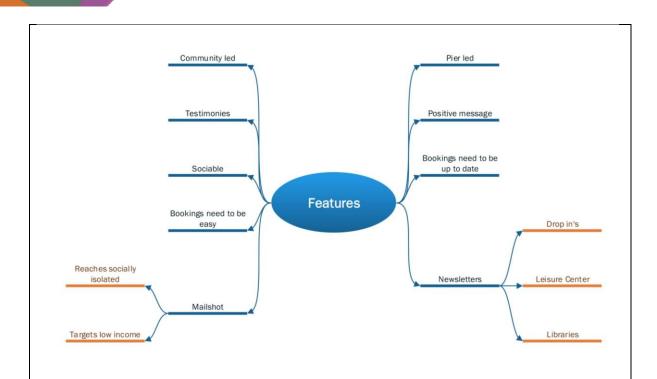
With the social integration comes the ability to list areas of interest, hobbies etc. for better suggestions of events, groups & activities near them.

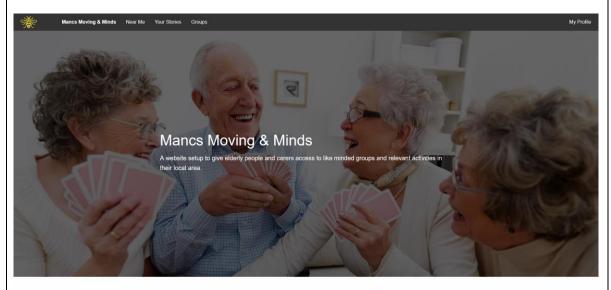
Testimonials and reviews are also a very big part of the site providing extra confidence and motivation to attend good sessions, which can be setup by volunteers and staff. As said the idea is a rapid prototype concept and will be easy to kick off with very minimalistic functions as well as a logo, colour and name change.





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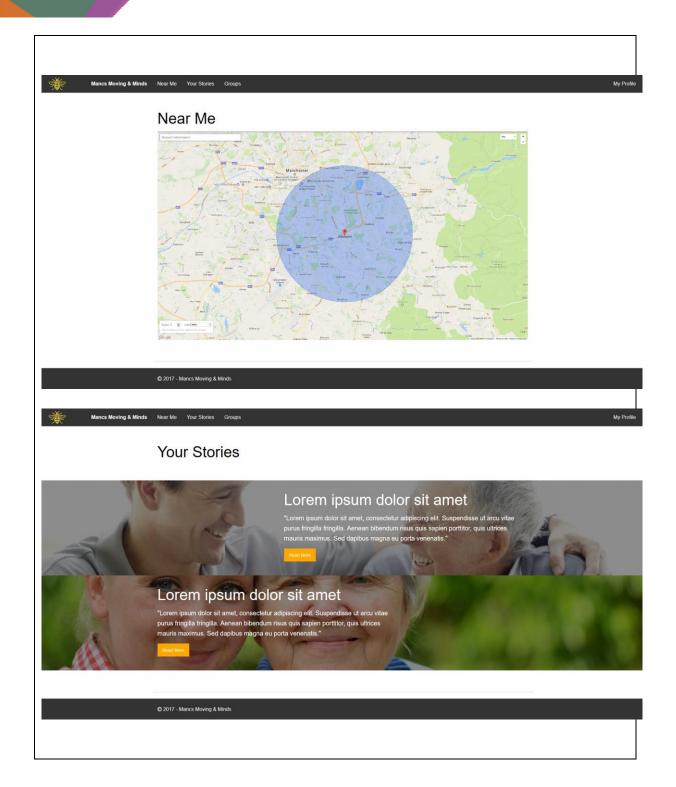






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